Indigenous

Common names: Kwamba: Mutaka Luganda: Kiwondowondo Lugishu: Naporo,

nabutusa, kisangulia, kisiangulu **Lusoga:** Kusekseke **Rukiga:** Muhanga **Rukonjo:** Muhanga-honga **Runyankore:** Muhanga-

bagenzi Rutoro: Muhanga-bagenzi Sebei: Gogorwo.

Ecology: A straggling shrub or tree in woodlands below 2,400 m extending

to Southern Africa. It is often the first woody species in a succession to forest and is often riverine beside upland streams.

Uses: Firewood, charcoal, medicine (root, leaves), live fence.

Description: A shrub or small tree about 5 m. BARK: grey-brown, rough; pale

dots of breathing pores on branchlets. LEAVES: simple, wide oval, usually up to 10 cm long, shiny green above, pale below, thick and leathery, the edge well toothed, tip pointed, a leaf stalk 2-3 cm, often yellow. FLOWERS: tiny cream-white, in fragrant branched heads to 10 cm beside leaves; stalks and calyx hairy. FRUIT: very small, round, white and fleshy, topped by the

flower remains. Small black seeds inside.

Propagation: Direct sowing at site, wildings.

Seed: Seeds prolifically. Collect seed from the mother tree and dry in

the sun.

treatment: not necessary.

storage: sow as soon as collected.

Management: Fast growing. Coppicing, pollarding.

Remarks: Two forms exist in Uganda, namely the highland and the lowland

Maesa. The highland form grows into a tree, while the lowland one remains mainly a shrub. The root has been used to treat psychiatric disorders, ulcers, diarrhoea and as an anti-emetic and

the leaves to treat febrile convulsions in children.

Maesa lanceolata

