Kedrostis pseudogijef

Indigenous

Common Names: Daasanach: Yierit etha; Kamba: Mukauw'u; Samburu: Sakurdumii.

DESCRIPTION: A climbing deciduous liana with thick foliage. Stems greyish white, ridged, rough, with tendrils. LEAVES: Up to 5 cm long, divided into 3 leaflets with toothed margins. Leaflets without a stalk, may or may not be lobed. FLOWERS: Dioecious, usually appearing when the plant is leafless, often borne in clusters, male flowers numerous, female flowers one to a few. FRUIT: Usually in clusters (1–7), conical, roughly hairy, grooved, fleshy, to 2 cm long.

Ecology: Known to grow naturally only in Ethiopia, Kenya, Uganda and Tanzania. Found in many parts of Kenya, for example in Moyale, Waita (Mwingi), Mutomo, south-eastern Makueni, Voi, Kitui, Taita and Marsabit. Dry *Acacia–Commiphora* bushland on red, sandy or rocky soil, 500–1,200 m. Often associated with *Adansonia, Delonix, Entada, Acacia brevispica* and *A. tortilis*. Rainfall 450–600 mm. Agroclimatic Zones: V–VI.

Uses: Edible fruit, edible leaves and young shoots (after boiling and change of boiling water), medicine, rope (vines), mats (branches).

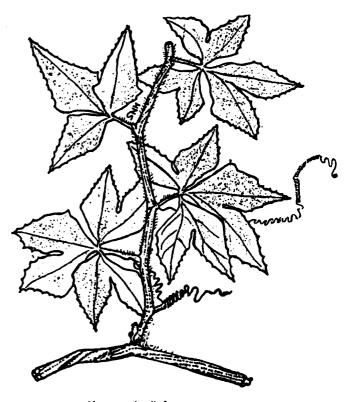
PROPAGATION: Seedlings, possibly also by cuttings.

Remarks: A related species, *K. gijef* (**Gabra:** Gaale; **Kamba:** Witulu), also has edible fruit. Unlike *K. pseudogijef*, which has 3-foliate leaves, this has simple, kidney- or heart-shaped leaves. It is found in most dry lowland areas of Kenya, north to the Arabian peninsula. Important camel and goat fodder and used as medicine among the Turkana. *Kedrostis* is an Old World tropics genus with about 2 dozen species.

FURTHER READING: Beentje, 1994; Kokwaro, 1993 (K. gijef); Maundu et al., 1999.



Cucurbitaceae



K. pseudogijef

